

Staying Safe: Prevent Slips, Trips & Falls

from the Lake Charles Memorial Health System



Lake Charles Memorial Health System

Emergencies and disasters can strike at any time and threaten the health and safety of employees. Whether it's a fire, chemical spill, natural disaster, or a structural failure, it's essential to understand common workplace injuries that occur during emergencies to take proactive measures that can significantly reduce risks to your employees' health.

Lake Charles Memorial Health System experts outline practical strategies for employers to keep their workforce safe during emergencies to avoid a medical emergency.

Prevent Slips, Trips, and Falls

Slips, trips, and falls are some of the most common injuries, which can result in substantial physical trauma to the body. Something as simple as tripping over debris could require emergency medical treatment or be considered a life-threatening injury.

- **Maintain Clear Pathways:** Regularly inspect corridors, stairwells, and exits to ensure they are free from clutter and obstacles.
- **Install Non-Slip Flooring:** Use non-slip mats or flooring materials, particularly in areas prone to water leaks or spills.
- **Mark Hazards:** Clearly mark uneven surfaces, wet floors, or areas under repair. Make sure emergency exits are well-lit and easily accessible.
- **Designated Evacuation Routes:** Create clearly marked evacuation routes, ensuring all employees are aware of them. Make sure routes are designed to avoid high-traffic or dangerous areas.